

Orienteering is a challenging outdoor adventure sport enjoyed by people of all ages, abilities and backgrounds.



Welcome to the Jubilee Country Park Permanent Orienteering Course.

Orienteering is the sport of competitive navigation, across country on foot. Using a specially drawn map and a compass, orienteers try to find their way as quickly as they can between control points. Because the skill is in finding the best route, it is a sport which is enjoyed by all ages.

These permanent orienteering courses, marked by fixed posts in the ground, offer you the chance to try out our sport in a fun way without any competition. They are also a fun way of exploring the area and offer many new experiences and views of the woods.

The fixed posts are identified by a letter which helps to confirm where you are on the map and, in addition, we give you a printed description of the ground feature where the post is sited.

We offer you three suggested courses which all start and finish at various sites on the map.

Course 1 - Start at A, H, K, N, S, C, back to A. (1.6 Km)

Course 2 - Start at B, R, C, K, E, N, S, back to B. (2.0 Km)

Course 3 - Start at C, K, P, E, S, N, back to C. (1.3 Km)

Make up your own routes for longer courses, or aim to get all controls. If starting/finishing at our recommended point at the path end near Tent Peg Lane, note there is no marker post to indicate this.

We hope that you enjoy your visit to Jubilee Park and its permanent orienteering course. If you would like to try other courses or get further information on orienteering then go to DFOK website.

The support and co-operation of Bromley Council and volunteers is much appreciated. See website:

https://www.bromley.gov.uk/nature-reserves/jubilee-country-park-local-nature-reserve

Friends website: http://jubileecountrypark.btck.co.uk/

www.dfok.co.uk

information@dfok.co.uk Updated July 2021



Control	Location Description
Start/Finish	W.Path S end, nr Tent Peg Lane Car Park.
А	Ditch/path crossing
В	S. Path junction
С	Pond, N side
Е	Vegetation boundary
Н	Path/ditch junction
K	Ditch bend
N	Path crossing
P	S. Path junction
R	Fence, S. Corner (outside)
S	Vegetation boundary

Permanent orienteering courses (POCs) are set up primarily for individuals and small groups only.

If you would like to use the map for larger group activities then you will need the permission of the land owner - in this case, Bromley Council. In addition, it would be courteous to notify DFOK just in case the club also has an activity on the same day.

Large groups, such as schools and youth groups, may obtain maps in bulk from DFOK if they wish to hold a large orienteering activity in the woods. Please see the POC pages on the DFOK website for contact information. DFOK also offers help to schools in setting up orienteering within their school grounds.

Please TAKE CARE, particularly after wet weather when the ground may be slippery, and leave no litter.

PERMANENT ORIENTEERING COURSE

JUBILEE COUNTRY PARK, Bromley.



NEW - MapRun Course

You can now use your mobile phone with the MapRun App to register your visit to



each control. Download the App, register and then find the event from the details below.

MapRun6 is a newer version of MapRunF and has a more accurate GPS capability, so is preferable.

Click on the event and you have access to a map showing all the controls. This map may not be up date so you should use a hard copy of the map and the control descriptions when you run. There is an option on the App for you to see where you are at all times if you wish to do so.

Note the suggested Start / Finish, as shown on the map by the triangle and concentric circles, has no marker post on the ground.

However, the App allows you to start at any control, but please ensure you return to the same control to finish.

Also note that the start location near Tent Peg Lane becomes another control if a different starting point is used, thereby allowing a maximum of 10 possible controls, whichever start is used.

When you have finished your run, upload your data to see how you have compared with others!

The all control course is in the MapRun App folder UK/London South East/DFOK courses with marker posts see DFOK website/Jubilee Park POC.

Click here for guidance on the use of the MapRun App:

https://www.dfok.co.uk/info/virtual-orienteering-courses

Please check on this leaflet, or our website POC page, for any updates to posts before using the App.

Find Your Way to Orienteering

