Alkrington, North East

FYW ALKRINGTON FYW SHORT 1.2 km 30 m Start: S end of bridge 69 Path junction Crossing point 3 S end of bridge 4 Road and path crossing 5 N side of road 6 Path junction N path crossing 8 SW path junction 9 Path crossing 10 Path junction Follow tapes 80 m to finish



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SCALE 1:5,000 CONTOUR INTERVAL 5m

You must complete the course in numerical order.

Start at the TRIANGLE.

When you are at the numbered circles, wait until it turns from red to green – it may take a few seconds.

When green, move onto the next number until you have reached the finish (the double circle).

When this turns green your course is complete

LEGEND

open ground rough open ground scattered trees forest: run forest: slow run forest: walk forest: fight undergrowth, slow run undergrowth, walk gardens (no entry) main road large pat indistinct pat fence, gate high fence building, ruin tag on down slope index contour form line

> stream marsh nt tree, large, small rootstock ession: large, small small gully

earthwall

hill, knoll

water, bridge uncrossable river

