

For more information about local orienteering visit: www.pfo.org.uk

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- ≻ Contour
- Index contour
- Form line, with downslope tag
- Earth wall
- Small gully
- Knoll
- Small depression
- Crag or waterfall
- Boulder small, large
- Boulder field, Boulder cluster
 - River

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- Stream
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 - Small watercourse
 - Open land

Hedge

- Rough open land
- Woodland easy running
- Woodland slow running
- Woodland very slow running
- Woodland impossible to run Undergrowth

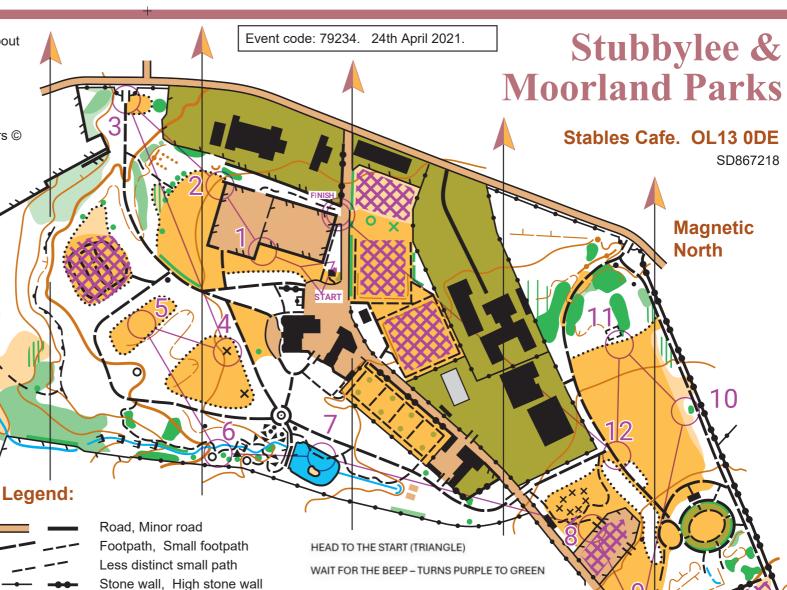
Tree - individual large, Stump

Tree - individual small or Bush

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- Distinct vegetation change
 Paved area



OUT OF BOUNDS AREAS:
Private land or Flowerbed
Dangerous or forbidden area



MAKE YOUR WAY TO EACH CONTROL IN NUMERICAL ORDER. WAIT FOR IT TO TURN FROM PURPLE TO GREEN.

Ruined wall, One sided

Building, Small building

Man-made object - circular

Picnic table. Exercise station

Fence, High fence

Gateway

Monument

Ruin

HF

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WHEN VISITED ALL CONTROLS MAKE YOUR WAY TO THE FINISH TO STOP YOUR TIME (DOUBLE CIRCLE). WAIT FOR BEEP.

1 on the map = 25m on the ground.

200

150

250m