Upton Country Park

Orienteering Course

Short / accessible course Approx 2km	Long course Approx 4.9km
START	START
G L	I C
Z A	G H
A J	B S
N P	M H
D A	H C
J B	A J
I P	J B
S H	I P
A M	A M
M C	G B
G B	N G
N G	T S
T D	G S
FINISH	E Z
	T K
	J S
	C C
	A O
	S S
	L A
	FINISH

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Map: Bill Brown
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Upton House: SY993930
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www.wessex-oc.org
Updates jasonmfalconer.uk.2023

OPEN WATER: Please be aware that the Park has unfenced ponds, streams and a tidal shoreline. Young children must be accompanied at all times.
ACCESSIBILITY: There are several kissing gates throughout the estate. Each is accessible with a RADAR key.

Orienteer with map and smartphone – download MapRun (FREE app) to your phone. Select 'Events near me' which locates you by GPS. Choose Upton Country Park FYW, Short line, Long line or Score, then 'Go to Start' to begin.

Upton Country Park
Poole Road, Poole BH17 7BJ
uptoncountrypark.com

FIND YOUR WAY

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